

The Polar Express

Journey to the North Pole

A Social Story

The trip to the North Pole starts at the carpark.

You will see many people, young and old chatting, they may be wearing pyjamas!

You will go on a bus to the railway station. When you arrive at the railway station, staff wearing jackets with PE will help and tell you where to go.

You may go into a big tent or room, an actor will tell you what is going to happen next.

The station platform will have Christmas decorations.

Make sure you have your ticket. The magic begins, lights dim, the film will start, Mum and Dad will talk about Hero.

The music will get louder and lights flash, do not be scared.

Listen for the whistle telling everyone a big train and many carriages will come.

The driver and chefs will be waving. The conductor will step down and ask if everyone wants to come to the North Pole. People will shout 'yes'.

Chefs dressed in white and red uniforms will help you.

Now sit down, relax and wait for the fun to start.

Chefs will dance and sing to music, you can sing and clap if you want to. The chefs will bring you a warm drink.

Look for the dirty and scruffy Hobo, he thinks it is his train.

The chefs will read the book, look at the beautiful pictures.

When you get nearer the North Pole you may feel cold. Look through the window, what can you see?

A red brick town, reindeer and Santa.

Santa steps up into the train, and there is music.

To see Santa, shout 10, 9, 8, 7, 6, 5, 4, 3, 2, 1.

Say hello to the elf behind Santa. Santa will say hello to everyone and will give the first gift of Christmas, a silver sleigh bell.

Christmas carols will be sung as the train begins its journey back, the conductor will clip the golden tickets.

Carefully step down from the train and go to the marquee. The Hobo will be at the station, you will find out if you have been naughty or nice, or if you are loud enough to believe.

You can write a letter to Santa or colour a picture of the Polar Express.

You can choose to go into the shop before taking the bus back to the carpark.

At the carpark, relax and remember what a fantastic and magical time you have had.

The End